

Sensation/Body Words

Achy	Fluffy	Pain	Stabbing
Aliveness	Fluid	Parched	Starving
Boiling	Foggy	Pliable	Stiff
Bruised	Frothy	Poking	Stifling
Bumpy	Full	Popping	Stinging
Buoyant	Furry	Pressure	Strong
Burning	Fuzzy	Prickling	Stuffed
Bursting	Giddy	Pulsing	Tall
Butterflies	Gloomy	Quivering	Taut
Callous	Goosebumps	Queasy	Teary
Calm	Grounded	Ravenous	Tender
Cloudy	Hairy	Raw	Thick
Comfortable	Heavy	Rigid	Thirsty
Compact	Hot	Saggy	Throbbing
Cool	Hungry	Satiated	Tickles
Deadness	Hurting	Satisfied	Tingling
Dehydrated	Inflamed	Sensitive	Tired
Dense	Insensitive	Shaggy	Trembling
Dizzy	Irritated	Shaky	Twinge
Dry	Itching	Short	Uncomfortable
Drymouth	Jabbing	Short of breath	Vacant
Elastic	Jittery	Shuddering	Vibration
Empty	Jumpy	Sick	Warm
Energetic	Light	Sizzling	Weak
Exhausted	Lightheaded	Sloppy	Weighty
Faint	Limp	Smoldering	Wet
Fiery	Liquid	Soft	Wobbly
Firm	Loose	Sore	Wooly
Flaming	Nausea	Spongy	Woozy
Flexible	Numb	Squashy	_____
Floppy	Packed	Squirmy	_____