

Movies and Websites

Movies:

- America The Beautiful I and II (2007, 2011) – documentaries about media, modeling, and weight loss in the U.S.
- Beauty Mark (2008) – documentary about one woman’s recovery from exercise bulimia
- Disfigured (2008) – relationship between women with anorexia and compulsive overeating
- Erasing ED (2011) – documentary about people who have recovered from eating disorders
- To Be Fat Like Me (2007) – teen does an experiment wearing fat suit to understand experience of being overweight

Websites:

- Beyond Hunger - <http://www.beyondhunger.org/>
- Body Positive - <http://www.bodypositive.com/>
- Health At Every Size - <http://www.haescommunity.org/>
- Nourishing Connections - <http://www.nourishingconnections.com/index.html>
- Proud 2 B Me - <http://proud2bme.org/>