

Feeling Words

Abandoned	Fatigue	Nervous	Violated
Agitated	Fear	Overwhelmed	Vulnerable
Alarm	Flawed	Panic	Woeful
Anger	Fragile	Pent-up	Worry
Annoyance	Fright	Pissed off	_____
Antagonism	Frustrated	Playful	_____
Anxiety	Fury	Pleasure	_____
Apprehensive	Gloomy	Pressure	_____
Astonishment	Grief	Pride	_____
Betrayal	Guilt	Rage	_____
Bliss	Happiness	Resentment	
Bored	Hatred	Revulsion	
Calm	Hopeful	Sadness	
Chaos	Horror	Scared	
Childish	Hurt	Sexy	
Confident	Inferior	Shock	
Confusion	Insecure	Small	
Contentment	Invisible	Sorrow	
Cuddly	Irritable	Stressed	
Damaged	Joy	Surprised	
Dejected	Lethargic	Tearful	
Delight	Light	Tenderness	
Depressed	Loathing	Tension	
Disappointed	Lonely	Terror	
Disgust	Loss	Thrill	
Distant	Lost	Trapped	
Dread	Love	Trepidation	
Ecstasy	Misery	Unhappiness	
Elation	Misunderstood	Unrecognized	
Enjoyment	Mourning	Unworthy	
Excited	Needy	Upset	