

Curriculum Vitae

Contact Information

Beverly Swann, Marriage and Family Therapist (MFT)
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Education and Licensing

December 2009 – California Board of Behavioral Sciences, Marriage and Family Therapist License #MFC-47971, current and in good standing, expires 9/30/11.

March 2007 - John F. Kennedy University, MA in Counseling Psychology, Specialization in Somatic (Body Oriented) Psychology

June 1985 - Indiana University, BS in Personnel Management and Labor Relations

Clinical Experience

January 2010 – present – Touchstone Counseling Services, Inc., Pleasant Hill, CA

Private Practice Marriage and Family Therapist (MFT) – Continuing my practice, I specialize in clients who have many types of eating disorders and self-care dysfunction including: emotional eating, binge eating, not being able to follow medical advice about eating, and exercise resistance. I also continue to work with trauma and PTSD, chronic pain and chronic illness, domestic violence, and substance abuse recovery. I am currently developing a specialty in working with mild traumatic brain injury and other cognitive losses.

February 2010 – present – Casa Serena Eating Disorders Program, Concord, CA

Program Staff/Marriage and Family Therapist (MFT) Group Facilitator – Lead groups in Living Skills, Meals, and Body Awareness in this intensive outpatient program (IOP) for eating disorders for adults. As part of staff, participate in collaborative treatment planning for clients in milieu setting. Clients typically stay in program 10-14 weeks. Also assist in planning summer program for teens.

March 2008 – December 2009 – Touchstone Counseling Services, Inc., Pleasant Hill, CA

MFT Intern – Practiced marriage and family therapy with adults, adolescents, and children in both individual and family sessions. Primary clinical focus was on women who have experienced

repeated trauma including childhood abuse and domestic violence in their adult relationships. Most clients were either in recovery for substance abuse or were directly impacted by a family member's substance use. Also led a variety of groups on topics such as eating disorders and parenting skills.

August 2005 – June 2008 - New Pathways Counseling, Inc., A Program of Catholic Social Service Solano, Vallejo, CA

Experience included:

* MFT Trainee – August 2005 to May 2007

* MFT Intern – May 2007 to June 2008

Clinic Therapist – Saw clients from diverse populations in a clinic setting. Issues included trauma, depression, aging, addiction, grief, eating disorders, and victims of crime. Worked with clients individually, as families, and couples. For 1 ½ years, worked independently at off-site clinic as well as at main clinic.

School Counselor – Served as school counselor for approximately 400 students at a parochial school: grades preschool, kindergarten, and 1st through 8th grades. Counseled students on many issues including social skills, anger management, conflict resolution, grief, anxiety, abuse, academic problems, and behavioral issues. Also worked with teachers and parents to find additional resources and referrals.

Group Counseling – Facilitated groups on parenting skills in a court-ordered group.

Intakes – Conducted telephone and in-person intakes of both clinic clients and candidates for court-ordered programs on parenting, anger management, and domestic violence.

Facilitation and Presentation Experience

- 2010 Presented “Technology Q&A For Therapists” at EB-CAMFT Coffee Talk
- 2009 Facilitated “Why Did I Eat That?” group – eight week group on eating dysfunction
- 2009 Presented workshop on stress management at Anti-Stress Fest, Las Lomas High School
- 2007 Presented at 21st Annual Conference on Early Childhood Education – Presentation on The Impact of Divorce on Children

Other Work Experience

- May 1998 – ProBusiness Services, Inc. (ADP Systems), Pleasanton, CA
- June 2003 * Learning Consultant (Contract) 2002-2003
- * Training Project Consultant 2000-2002
- * Database Analyst/Trainer 1998-2000

- May 1997 – Human Resource MicroSystems, San Francisco, CA
- May 1998 * Training/Support Specialist

- February 1997 – Merit Resource Group, Dublin, CA
- May 1997 * Benefits Administrator (Contract)

- June 1996 – New Boston Systems (Toner Corporation), Pleasant Hill, CA
- February 1997 * Staffing Manager

- June 1993 – Black & Decker Corporation (Emhart Industrial Division), Shelton, CT
- March 1996 * Human Resources Administrator

November 1989 – June 1993 International Business Machines Corporation (IBM), Bridgeport, CT
* Secretary Specialist

August 1988 – November 1989 Computer Processing Institute (CPI), Bridgeport, CT
* Word Processing Instructor

Additional Training Received

- 2010 Eating Disorder thing?
- 2010 Domestic Violence Services – Mary Stein, MA, Tri-Valley Haven
- 2009 Yes, We Can!: Finding Solutions to the Everyday Challenges of Growing Up with ADHD – Blake Taylor
- 2009 Working Along The Stress Continuum in Somatic Therapy – Bill Bowen
- 2009 Psychopharmacology: Antidepressants and Sexual Desire – Larry McReynolds, MD
- 2009 Care and Feeding of Psychiatrists – Larry McReynolds, MD
- 2009 Psychologizing the Neurologic – Larry McReynolds, MD
- 2009 Managed Health Care: What You Need To Know
- 2008 Practice Management – Mary Kay Wright
- 2008 Say What? Language, Clarity and Bridge-Building in Couples Work – Michael Gelbart, LCSW
- 2008 Case Presentations on Ethical Decision Making and Organic Dementia – Larry McReynolds, MD
- 2008 Obesity: A Scientific Update – Institute For Natural Resources (INR)
- 2008 Psychopharmacology and Weight Gain – Larry McReynolds, MD
- 2008 Law and Ethics: Risk Management – Mike Carolla, MFT, and Bronwyn Warren, MFT
- 2008 Depression: Sorting Out Supplements and Meds - Larry McReynolds, MD
- 2008 Building Mutuality & Deep Intimacy: A Somatic Approach For Working With Couples – Bill Bowen
- 2007 First Annual International Somatic Experiencing Conference – three-day conference on multiple areas about trauma, somatic psychotherapy, and Somatic Experiencing – Peter Levine, Bessel van der Kolk, Stephen, Porges, et. al.
- 2007 Trauma & the Body: A Sensorimotor Approach to Psychotherapy – Pat Ogden
- 2006 Body Image and Eating Disorders Symposium – Summit Eating Disorders Outreach Program – two-day conference on eating disorder topics
- 2006 A Comprehensive Understanding of Attachment and What To Do When Attachment is Broken – Stephen Raburn

Activities

- 2009 - present – Created online group of Holistic Psychotherapists in the East Bay
- 2007 – present – Continuing member of networking group of Somatic Psychotherapists
- 2006 – present – Created ongoing, monthly networking group of psychotherapists in Solano County

Professional Memberships

Member – California Association of Marriage and Family Therapists (CAMFT)

Member – Yolo-Solano Chapter of CAMFT

Member – East Bay Chapter of CAMFT

Member – United States Association of Body-Oriented Psychotherapy (USABP)